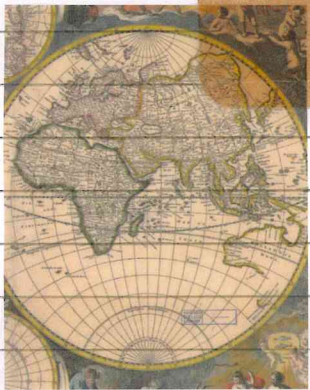


Mobility = Erasmus +

Destination = Thespiēs

G R E E C E



dates = 03/04/24 - 17/04/24

by Doyen Manon 2GT1



Kalimera - καλημέρα (hello)

Already 1 week I'm here and I don't want to come back in France.

Oh sygnomi - συγγνώμη (sorry), I want to introduce myself!

I'm Manon Doyen and I'm sixteen years old. I'm one of the tree lucky students to left France for going in Greece with the Erasmus + program. We have past 2 tests for to be selected and we know just 1 month before, the date of the travel, our destination. For me Greece is one of my dream cantry, I dreamed of it. I know I'm very lucky so I want to share with you my experience.

I would to speak you of the journey. We travel with greeks group to come in France for 5 days.

First, we take the train at the station of Morlaix direction the Montparnasse station, in Paris. After, we take the métro and RER for going in the bigger airport from Europe, Charles de Gaulles airport. Then, we take airplane and it was my first time. We have 3 hours to land at the airport in Athenes. I really like this experience and I was excited to share it with Ema and Clémence.

Finally, we take bus for going in their village named Mavrommati, in Thespiés.

Fun fact: during the trip with greek group, the boys was very gentle man with us, they want taking our suitcases.



In this notebook I would like to write informations about my trip like lifestyle, tradition, school, activities, common points between France and Greece, difference, climate, and of course my felt.

I forget to say that but I'm going one week in Konstadina's house, she is my firsh host and she was come in my house when she was in France, and the second week I'm going in Marsia's house, my second host.

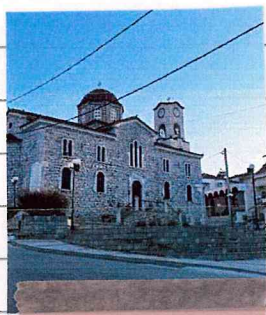


Konstadina ♡

From the first day of class, I noticed many different things.

First, school start at 8:20 a.m with a prayer.

The students line up front of their teachers and the batiment and one of them goes in front of his comrades for resist prayer. It's normally for us because they are very Orthodox.



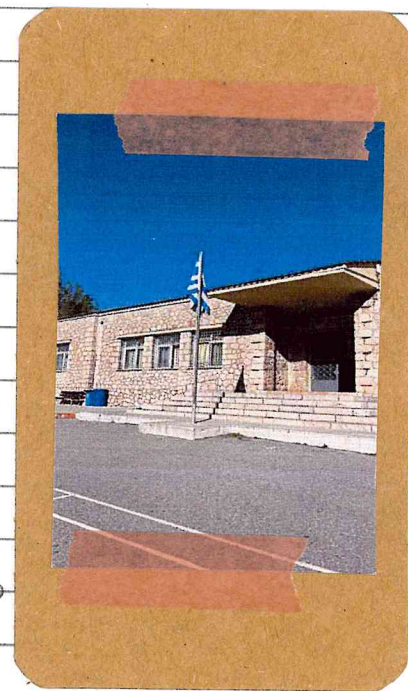
When they past next to a church, in car for example, they make the sign of the cross.

They finish class at 2:00 p.m.

There is not cafering at the school so they eat at home but there's cafêteria in their school. They buy sandwich for eat it in class or in break.

There are fifteen students by class and in school there are 2 class of second. One lesson lasts 45' minutes and in their day there are 7 lessons.

They are studying ancient greek, physique, chemistry, mathematics, english, french, literature, economy, 1 hars of sport and others. In sport it's students choose the sport they want to do like football,



on. In Greece the students don't have pressure because the system is more tolerant. They don't have a lot of homeworks and when I was in my host, I've never seen her open his notebooks to work but just in private lessons.

Next, in their class there's a digital "TV". It's not a real TV but it's like us with the tablets.

Teachers and students use it for students books for and for sciences. have in class.



exercises. The work with literature notebooks that they with them

I finish for school part. I want to say I'm very like the school experience because it's so different to France and it's just cool to know how do other young people of our age study.



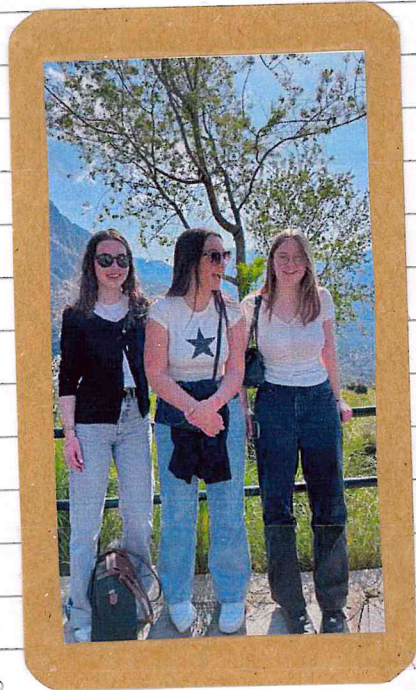
Lipn - λολιπov (so), now I want to write a few lines about easter in Greece. In this moment in Greece it's the most important and popular religious party for Orthodox, Καλό Πάσχα! (happy easter). 1 week before easter they don't eat meat and on easter day they can to eat it After easter, students have 2 weeks of vacation. They 'are

going to mass and they have a big family meal.

With french students, Emma and Clémence, we saw a big difference of relationship

between girls and boys. They are very close. For exemple, they don't kiss to say hello but they make hugs.

We saw another difference. They are generas. Our host bought air meal or drink when we went out. It's normaly for us but we wanted to buy for ourselves.



A special thing: the young greek start to drive at 12-15 years old without their parents. It's illegal but as it's a small village they do it. And parents don't drive very good. They go fast, don't do the "stop", drive in the middle of the road.

Fun fact: when I heard a conversation with greeks, my head went from left to right non-stop because they speak so fast and so loud.

They eat a lot and all day. For exemple, every noon, when we come back to school with Konstadina around 2:15 p.m, we eat at the grandmother's house, who had prepared the meal. Yiayia - Yiayia (grandmother) live in the same house but in first floor. It's very common for grandparents

to live with their children and grandchildren. And when we ate with Konstadina's grandmother, she served me a big meal and at the end I wasn't hungry at all. Yiayia told me that I didn't eat much while my stomach was full. Yiayia cooks so well. I discovered greek specialities like traditional psomi - ψωμί (bread), loukumi - λουκούμι it's sweet candy very famous with different tastes, pastichio it's like lasagna, mousaka it's with eggplant. My favorite favorite greek food it's pitogyro - Πιτόγυρο it's like kebab in France. It's iné poli oreo - είναι πολύ ωραίο. (so tasty). And I discovered cold chocolate and I love it. I think I drank seven :)



pitogyro



pastichio



Fun fact: the first rain in Greece brings out lots of snails. People take them and cook them. They also eat it at Christmas. Another meal at Christmas it's chicken and pork.

Okay, now I want to speak about activities that we did.

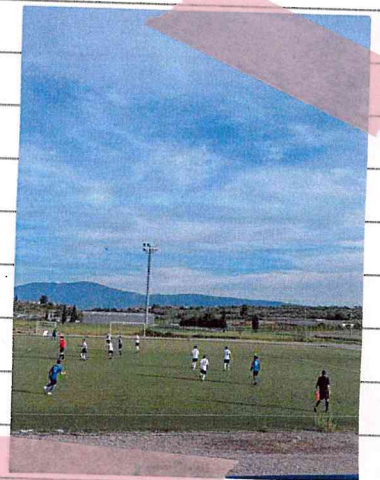


The real first day in Greece, on Thursday 04th, we met all together at the village square for a drink on the terrace. After we did going for a walk and we saw a real turtle in nature!

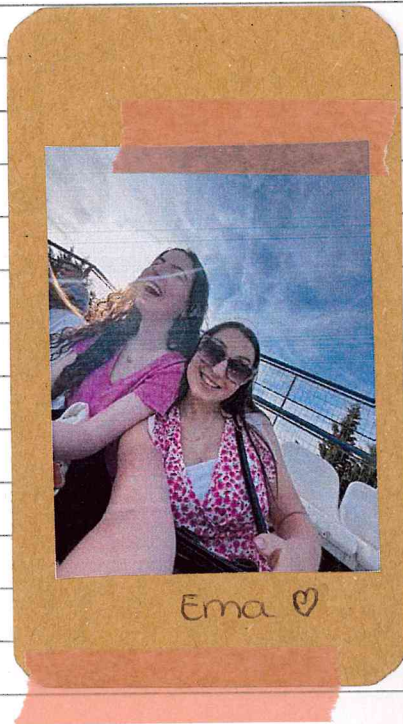
In the afternoon, I went with Konstadina for her athletics training during 2 hours. The evening we did going to Livadeia, it's another village at 10' minutes in car. We ate at restaurant and I ate pitogyro (kebab) off course!

The day after, we did going at school and we did finish at 2:00 p.m. At evening we did go at Aris's house (first clemence host) for to celebrate his birthday. It's was very cool.

On Saturday 06th, in the afternoon, we did watch Aris's football match. This day was very hot but ambience in bench was so nice.



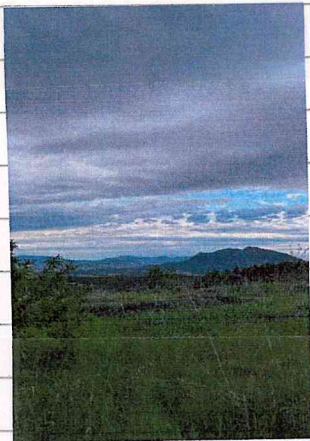
After this, with Ema and our hosts we did listen conference about scolar orientation. We didn't understand nothing but we did can seen how this is happening.



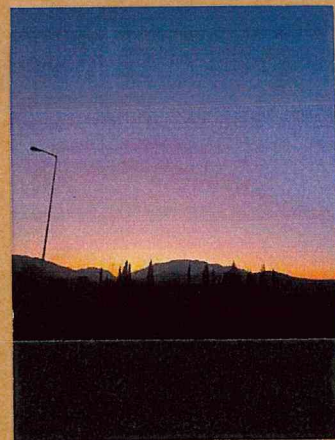
Ema ♡

More later in afternoon, with Konstadina we did go at the village square to join Marsia and together we did drink cold chocolate.

On Monday 08th we did go in school like every day in week. Ema did come in Konstadina's house with me and her because her host, named Panagiwta, did have a long and boring private lesson. In the evening we did go, again, in Anis's house and we did ate all together.



On Sunday 07th, Konstadina's friend, Penelope did come in house and after we did walk for discovered their village.



The next day, on Tuesday 09th, we did go in class off course and more later, it's me who went to Ema's house. In the afternoon, we did go out with Panagiwta's mother to walk and we did drink cold chocolate.

On Wednesday 10th, we did have lessons at school and I did go in Panagiwta's house with Ema. At 4:00 p.m I did go with Konstadina for her chemistry private lesson. It's long but interesting because it's a small students group, with around 6 students.



We did come back in Panagiwta's house for a walk with Ema, Konstadina, Panagiwta and me. For change, we did eat pitogyro (kebab) :)

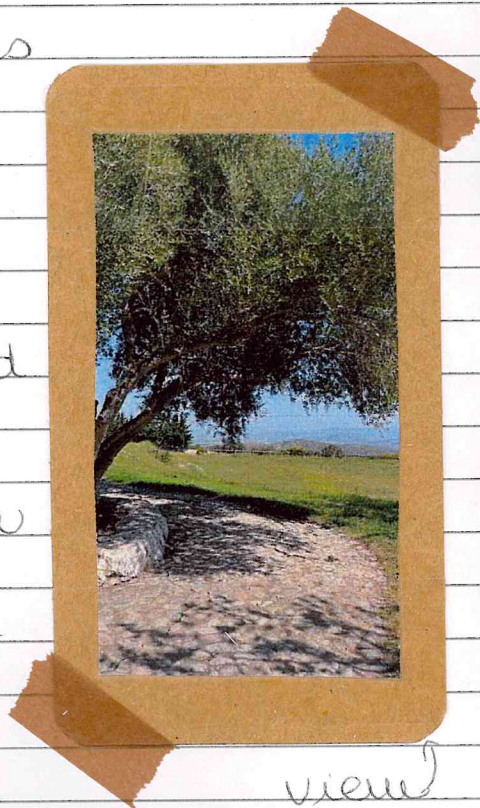
On Thursday 11th, we did have class and at 5:00 p.m, with Clémence, we did have nail appointment. It lasted 4 hours (2 hours for her and 2 hours for me). It's was very long but the result was so pretty.



Clémence

It's was cheaper when France
In France it's around 70€ and
in Greece we did pay 20€
And for finish this day, we did
go in restaurant with Clémence
and our hosts to eat pizzas
because Belgium students
come in school just for 4 days
in Greece.

The next day was
a special day
because we
didn't have
lessons in school.
We did have
running. We did
to go with bus,
in mountain
to run. The view
was very
beautiful and
the wather was
so good.



view

After, around at 11 a.m, we did
go in cofee for eat or drink
something. It's was very cool
because we did stay with
greek gires, our hosts and their
friends. In the afternoon, I did
go with Clémence
and my second host,
Marsia, to see her
practice. She practice
jiu jitsu 4 hours
in week. It was
interesting to know
haw sports class was
going.

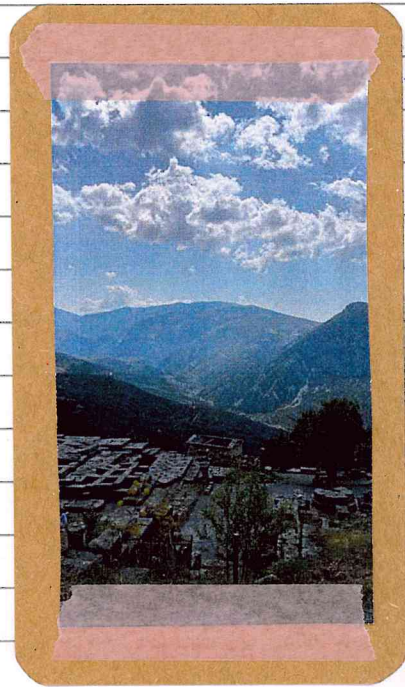
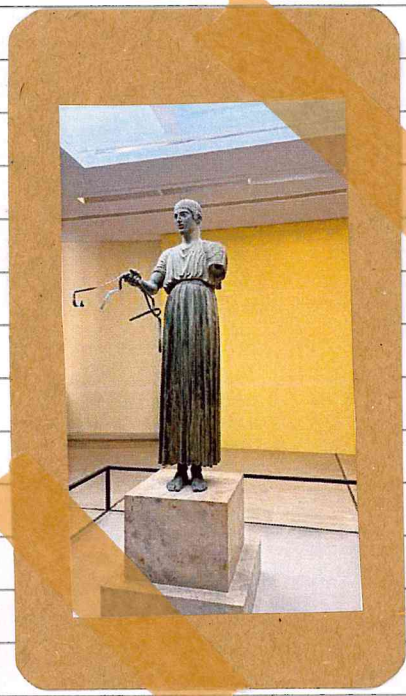


Okay, on Saturday 13th,
we did going, with
greek group, in Delphes.
We did have a lot of
time in bus for going
but the day it was
amazing. For start, we
walked near the ruins.



It's impressive because front of us we seen many mountains.

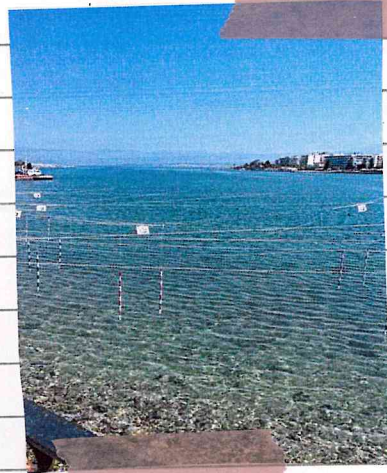
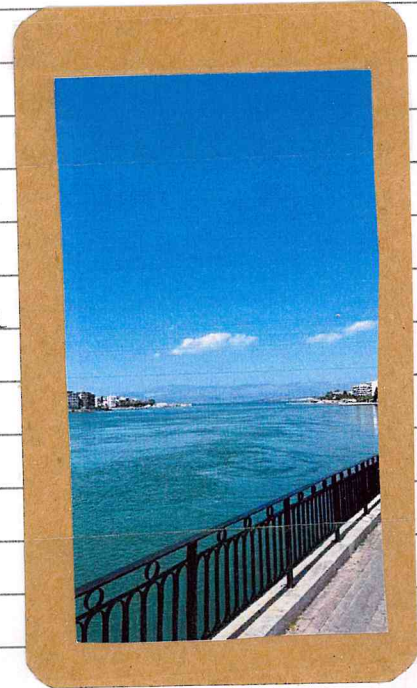
After we did going in museum to know the story of this site.



At lunch, we did go in restaurant with greeks and teachers. When we come back in our village, we did go with greek girls to drink cold

chocolate. At the evening, the second ema host, Panavavla, was celebrating her birthday.

On Sunday 14th, with Marsia's family and Konstadina, we did going in Helkida. It's another city at 50 minutes in car. It's a city near the sea. One of particularity of this sea: it is the

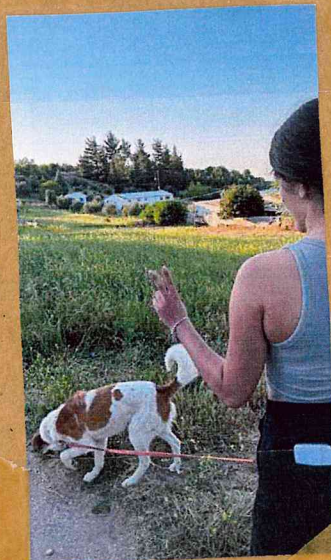


only place in the world where the seas meet and don't mix. It is said that the currents do not mix.



We did eat in restaurant.
Another particularity: there are no menus. People take lots of dishes they serve and share fun fact: In every coffee or restaurant I went

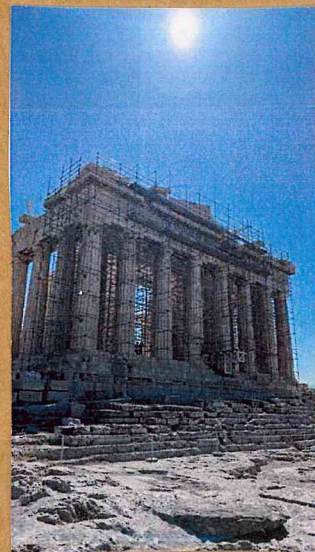
to, there was always a young person who came to the table and spoke a few words. The person had an ad in their hands. If the people at the table didn't speak then the young person left. After restaurant we had ice cream because it was hot.



We returned to the village and went, with Marsia and Konstadina, to see another Anis football match. More later after football match, we went for a walk, me, Konstadina and her dog, Marsia and Clémence.

On Monday 15th, we went to Athens !!! We didn't have school because, all day, we did in Athens !!!!

We did have 1:30 hours in bus. We did go for see the Acropolis. It's a big and very famous monument in Greece.



We did walk all around. And after we did go down and did go in museum.



It's one of my favorite days in Greece because the weather was so nice and activities

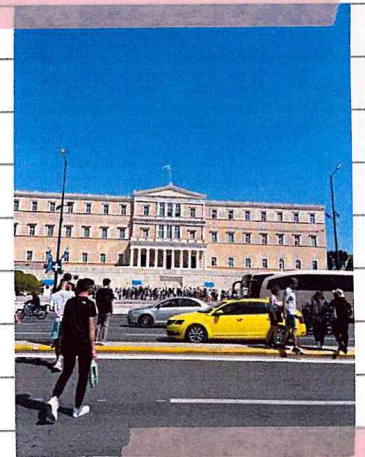
too. We did have a free time in Athens. When we didn't eat, we did decided to eat very fast in MacDo for have time to do shopping.



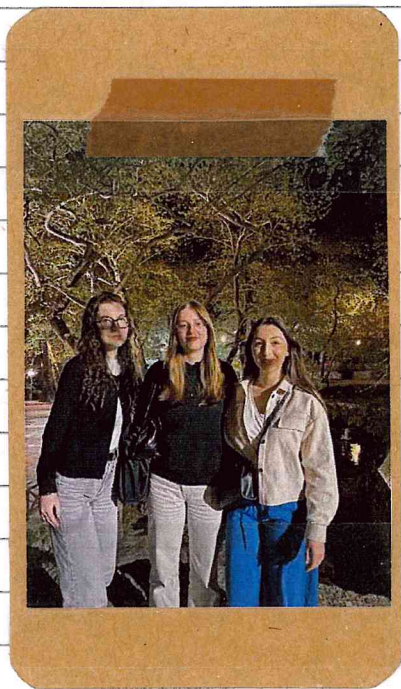
It was a perfect day for me!

After we did go with all of students and teachers to walk in Athens's streets.

At 4:00 p.m., we did take bus for come back in Thespies. We did past next to the Greek Parliament.



Okay it's last moments. On Tuesday 16th, it was the last day for us, me, Ema and Clémence in Greece. We did have the last day of school. We did say goodbye to the students and

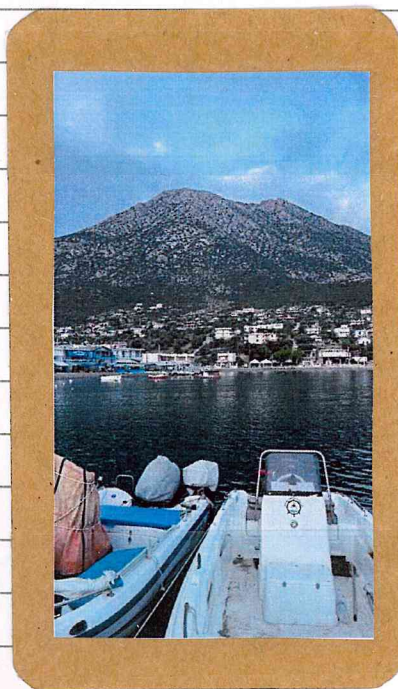
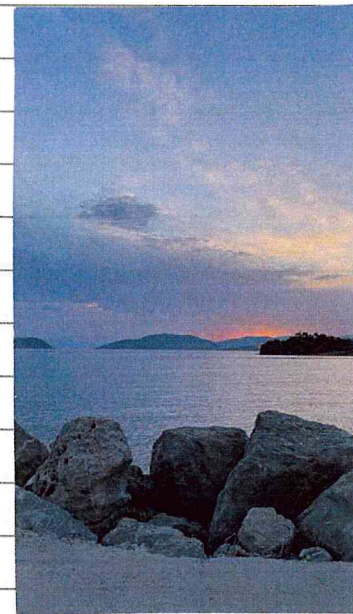


the teachers. We did finish like every day at 2:00 p.m.

After, Clémence did come in Marsia's house. At 4:00 p.m., around we did to go to the beach. We did past a long moment, and it was amazing.



We did walk for see the sunset. The landscapes was just wow. In the evening, we did meet all of girls and boys who was come in France.



We did drink on the terrace, at the village square. We did say goodbye, one more time. We did cry a lot but greek did wanted to make us laugh.



I did wake up very early on Wednesday 17th to have time for pack my suitcase. The taxi was waiting for us at 7:00 a.m. We did say goodbye to our host family. We did left Thespies for

going in Athen's airport. After 1:30 hours of taxi, we did arrived. Our plane was at 11:00 a.m and we did landed at 1:30 p.m at Charles de Gaulle 's airport

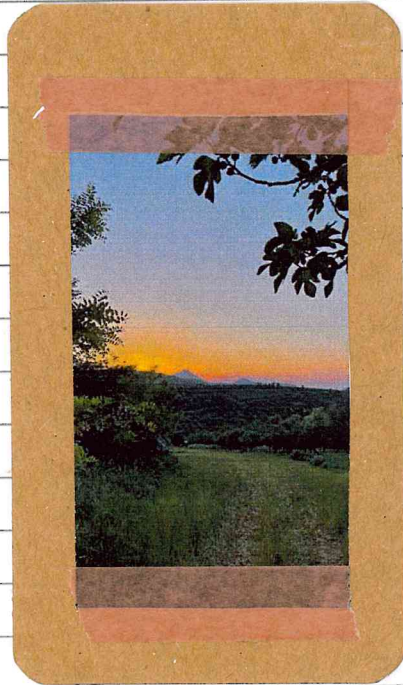


We took the RER and the metrovet. Everything went well for us. We arrived safely at Montparnasse station in Paris. Our train was at 4:30 p.m. We had time to buy food and eat on the train.

The return journey was a bit long. We arrived at Morlaix station at 8:00 p.m. We found our families after two weeks of traveling. We were a little tired after this long day of transportation but it was good fatigue!



I would like to thank my teachers for allowing me to live this unforgettable experience and to the ERASMUS+ program for financing our trip. It was incredible.

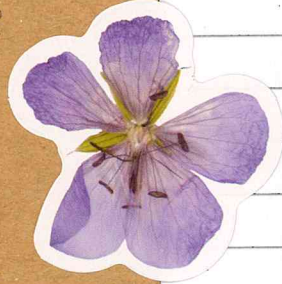


I don't regret anything and I'm proud to have taken part in it. I learned to open up to others. I proved to myself that I was capable of going abroad without my parents for the first time. I hope to have improved my level of English. I obviously thank the two families of Konstadina and Marsia for

welcoming me very kindly. I will never forget this experience. I am happy to have been able to share it with Ema and Clémence.



I would like to
write some
GREEK WORDS



• inē poli oreo = it's very good
Εἶναι Πολύ ωραίο (tasty)

• kalimera = good morning
καλημέρα

• kalispera = good afternoon
καλησπέρα

• kalinixta = good evening
καληνύχτα

• kalos irthate = welcome
καλώς ήρθατε

• grafos = seagull
κλάρος

• efxariso = thank you
ευχαριστώ

• rafarmi = traditional sweets
ραφαίρι

• yiayia = grandmother
γιαγιά

• lipon = so (brief)
λίπου

• nai = yes
ναι

• oxi = no
οχι

• edaxi = all right
εντάξει

• se parakalo = please
σε παρακαλώ

• ti = what
τι

• sygnomi = sorry
συγγνώμη

• ti kanis? = how are you?
τι κάνεις

• kala = fine
καλά

• pame = go
πάμε

• pitogyro = traditional kebab
πιτόγυρο

• nero = water
νερό

• milo = apple
μήλα

• gala = milk
γάλα

• psomi = bread
ψωμί

• tsanta = bag
τσάντα

• mallia = hair
μαλλιά

• kinito = phone
κίνητο

• psari = fish
ψάρι

by
Dayen Maron

