

Emma  
Paugam

Καλημέρα



Erasmus+

Grèce

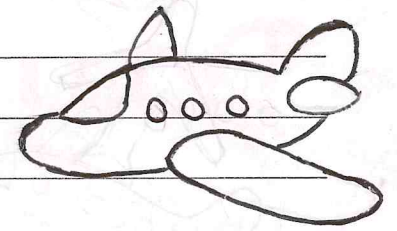
du 03/01

au 17/01.

Hello, I'm Ema a student from Notre-Dame-du-Mur private high school in Morlaix. I'm 15 years old. This year I had the opportunity to go on Erasmus+ for two weeks in Greece with 2 others girls Manon and Clemence. Normally I'm a shy girl and I'm very anxious by a lot of things but I hope to be able to overcome my fears and my shyness. I think I speak fairly well and I want to make progress so that my English is more fluent. Greece is one of the country I want to visit. I'm a curious girl and when I grow up I would like to travel all around the world so I can't wait to discover this country. I don't know a lot of things about this country so I hope landscape, traditional food and traditions are nice. Here it's my log book so I would like write a short text every day about my day, the new words I learned, the weather of the day but also the differences I observe. I will also add photos after my trips.  
Happy reading and good travels !!



# TRIP DAY



• Wednesday 03 april

First me, Manon and Clemence have taken train from Morlaix to Paris (Gare Montparnasse).

• Morlaix -----> Paris

After we have taken 2 different public transport, the subway and after the RER B (a city train).

• Gare Montparnasse -----> Airport CDG

And to finish we have taken the airplane to Athens during 3 hours.

• Paris -----> Athens

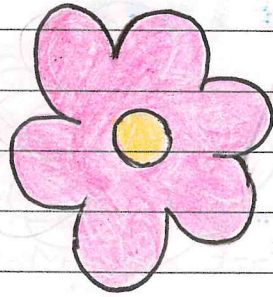
# WELCOME

to Greece !!!



# Day 1

• Thursday 04 April



## Afternoon program

We took a walk to visit the village. The name of the village is Maurommati.

During the walk we saw a turtle in the forest. The landscape of this village is mountainous.



## Evening program

We went to Livadia a city next to the village and here we ate a typical meal called Pitagiro. It's a pita with inside tzatziki (a famous typical sauce with yogurt, cucumber and olive), fries, salad and

tomato.



## new words:

- Bonjour → Hello → kalimera → Καλημέρα
- Merci → Thank you → Eucharisto → ΕΥΧΑΡΙΣΤΩ
- Pitagiros → ΠΙΤΑΓΙΥΡΟ
- Tzatziki → ΤΖΑΤΖΙΚΙ

weather:

sunny ☀

Rat 🐭

23°

observations:

They drive very young in Greece, even before having driver licence.



# Day 2

Friday 05 April

## Morning program

We went to school. Here classes start at 8:20 am. But before entering class, the students stand in the playground and pray. A class lasts 45 minutes and between each lessons, they have 5 minutes break.

During this morning we went to see high school girls doing traditional dances, it was very interesting!

## Afternoon program

I went with Mamon and her exchange correspondent to her training of track and field. And on the road we saw a big snake and after a fox.



## NEW WORDS

- Bon appétit → Kali órexi → **καλή όρεξη**
- Tortue → turtle → chelóna → **χελώνα**
- Remard → fox → alepaú → **αλεπού**

weather:

sunny ☀

Hot 🌡

25°

differences:

At school the students don't change classrooms it's the teachers who come.



# Day 3

• Saturday 06 april

## Afternoon programm

We went to see the football match of Axis the exchange correspondent of Clémence.

## Night programm:

We went to a small clubs in the village. Here, there is no age limit to go to clubs. It was a party to raise money for a school trip.

weather:

a lot of sunny

Hot

25°

mood:

☺☺☺

# Day 4

• Sunday 07 april

## Day programm

Me, Panagiota (my exchange correspondent) and Yianna went to the beach, we swam in the sea and after that we tanned. But the weather wasn't very good. After for lunch we ate at the restaurant.



weather:

cloudy ☁

windy 🌬

rainy ☁🌧

20° 🌡

mood:

☺☺☺



# Day 5

Monday 08 April

## Day program:

During the day we went to school from 8:20 am to 2 pm. To go to school I took bus with the others people of the village. We just had 5 minutes of bus because the school was in the village next to my exchange's village. In Greece school was very different like in France. During classes they talk with others students when teachers talk and it's not a problem. On this day my exchange correspondent had just 2 hours of English lessons.

## Evening program:

In the evening we went to Ari's house to see the others and watched an

After film and ate Pitagoras.

## new words:

- Pivriem → peppers → piperiá → ΠΙΠΕΡΙΆ
- Ecole → school → scholío → σχολείο
- Bonne nuit → good night → Καληνύχτα

## weather:

cloudy ☁

Rat

24° ☼

## differences:

In Greece a lot of people eat raw peppers any time of the day like a snack.





# Day 6

• Tuesday 09 April

## Day program:

On the morning we went to school always by bus at 8.20 am. But we finished school at 12 o'clock. During the afternoon my exchange correspondent had extra class it's thing that a lot of high school student practice during the afternoon. Everyday they had extra class or extra lessons it's the same but not the same name. It's like private lessons that parents pay for their children. Today she had 2 hours of English lessons. During her extra class me and Marion went with my host mom for a walk in "Spring Garden" a Borough of the city next to our village. It was very beautiful and after we drank

a cold chocolate.



## new words:

- premade → a walk → volta → Bóia
- men → mo → achi → Oxi
- oui → yes → mai → Não

weather:

sunny ☀

Rat

25° 🌡

differences:

They choose their extra class depending on the subjects they will choose to study the following year.



# Day 7

◦ Wednesday 10 April

## Day program

During this day we went to school like every day and in the afternoon I went to extra class of Ancient Greek with Panogiota. It was very cool because it's just 2 students and one teacher. For lunch we ate a spinach pie it's a traditional Greek meal.



Greek name:

- Spanakopita
- ΣΠΥΡΑΚΟΠΙΤΑ

## Evening program:

We went out (me, Mamon and our 2 exchange students) in our village.

And we ate a typical desert.



Greek name:

- Loukoumos
- Λουκουμάς

## new words:

- Epimach → spinach → spanaki → ΣΠΥΡΑΚΙ
- Torte → pie → pita → ΠΙΤΑ

weather:

Hot

sunny ☀

26° 🌡

Observations:

In Greece they never drink hot chocolate or coffee, they always drink cold chocolate or cold coffee.



# Day 8

◦ Thursday 11 April

## Day program:

Today we went to school like every day. And after me and my exchange correspondent we went to Athens for shopping in the afternoon. We went on a commercial center and in a front of this there was Greek metro. It's very different of Paris because Greek metro is very old and the door doesn't close, it's very insecure. After shopping center we went in the city and we saw the football stadium of Athens, A.E.K Athens is the football team of Athens and it's a very big stadium. After this we went to eat and we ate chinese pasta, it was very tasty.



## new words:

- 
- 
- 

### weather:

sunny

Hot

27° ☀

### differences:

In Greece when you go to restaurant or bar, when you arrive you have the right to have a free glass of water before your dinner.



# Day 9

• Friday 12 april

## Day program:

Today we went to school but not for work because we had a cross (sum) for the Peace day. So when we arrived at school we took a bus to go to the departure of the race. The arrival was in a cafeteria with a view of a pretty landscape: mountain, lake, house, ... After this we went back to school then came back home. In the afternoon my exchange student had extra class of maths but today I stayed at home because I had to pack my things to change of house and go to my second exchange student.



## Evening program:

We went on Thiva the "big" city next to my village with Belgium girl in Erasmus in Greece too. It was good because we can talk with this girls and discover things about Belgium.

### Weather:

Hot ☀  
Sunny ☀  
28°

### Differences:

Here bus ride with the front and rear doors open when it's too hot.



# Day 10

◦ Saturday 13 april

## Day program

On Saturday we went in Delphi a very old city with a lot of history. We went on a historic center and we visited a museum with ancient objects found thanks to excavations. After visited this we went to see the ruins of an ancient temple, the temple of the god Apollo.

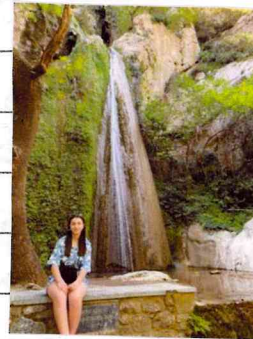


# Day 11

◦ Sunday 14 april

## Day program

During this day, we went to a big waterfall and after we visited a lot of typical Greek villages by car. After this we went to eat and ate a lot of typical meals in a restaurant in the city of Trixa. Here restaurants are called "Tavernia".



mood:



weather:

Hot

sunny ☀

27° 🌧

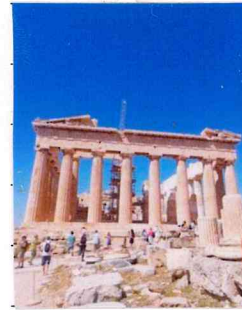


# Day 12

Monday 15 April

## Day program:

On Monday we went to Athens to visit Acropolis and the city. So we went to the Acropolis and it was beautiful, it's a very big monument located on a mountain. From this mountain we can see a view on all the city of Athens it was amazing. The Acropolis is a monument classified as a UNESCO world Heritage site. After this we went for a walk in the city and we saw the Athens parliament, it was a VERY big building and very beautiful. After this we had free time in the city. It was an amazing day for me because Athens was one of my dream to visit.



## New words:

- 
- 
- 

### weather:

Hot &

30°

sunny ☀

### differences:

In Greece people eat at any time of the day even at meal time and they eat sugar and salt at any time.



# Day 13

• Tuesday 16 April

## Day program:

Today it was the last day... We went for the last time to school and everyone was very nice with us, it was very sad. After during the afternoon my exchange student had extra class of Maths, & Rows.

## Evening program:

Everyone organized a party for me, Manon and Clémence so everyone who come in France was here and other Greek too, it was very very good but very sad because it was the last time we saw everyone.



## New words:

# TRIP DAY

• Wednesday 17 april

**F**irst me, Marion and Clémence have taken taxi from our village to Athens.

**A**fter we have taken the airplane from Athens to Paris.

• Athens -----> Paris

**I**n Paris we have taken 2 different public transport, the RER B (city train) and after subway to went to Gare Montparnasse.

• Airport CDG -----> gare Montparnasse

**F**or finish we have taken a train from Paris to Morlaix.

• Paris -----> Morlaix

Now it's finish !! :(

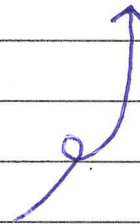
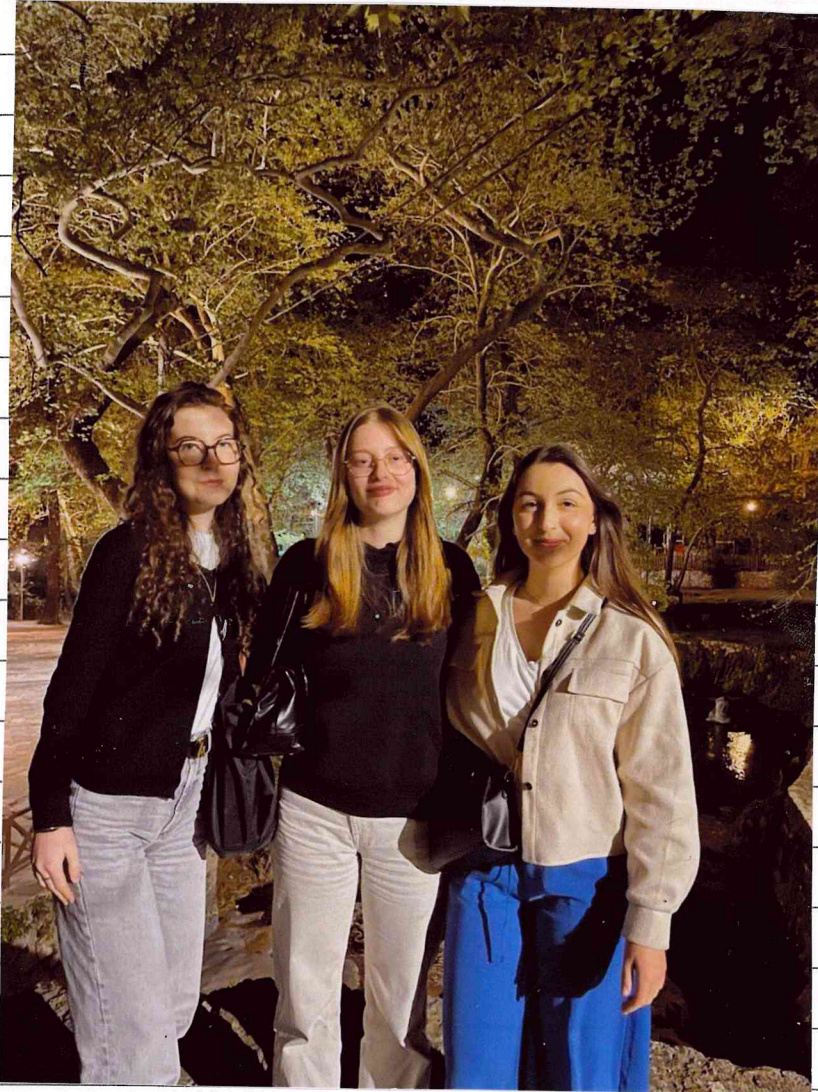




*I want to conclude with a come back of my experience, it was amazing and it change me and my vision of the world I think. First I have overcome my shyness and go to speak with the others and talk with adults too. Also I overcome my fears like my fear to take the airplane without adult or go to an other country without my family and without teacher. I'm really proud of myself because if I hadn't had this opportunity I wouldn't have done it on my own. Before my trip I said that I would like to make progress in English and I think I have made great progress because I am now able to have fluent discussion in English. I want to write few words about differences between France and Greece too. There are a lot of differences at school like the hour of finishing and maybe in classroom because in France it's silent but in Greece there is a lot of noise. There are a lot of differences too on the way of life*

*like they don't eat at specific time of the day and not all together, they eat when they want. Also they live a lot at night because it's the day of the day where the weather is the best because it's not too hot and not too cold and the sunny isn't here. To talk about my integration I want to say that I have help a lot my 2 host family because for me it's like my house so I have to participate. I have try to make discussion with parents and interesting of their life and job. I have try to learn basic Greek word too for communicate with grandparents of my 2 exchange student and Greek people like thank you, hello, goodbye,... I have engage a discussion about the story of Greece, it was very interesting and I learned a lot of things. For concluded I think it was the best experience in my life and I exit to this experience more autonomous.*





Pamagiwa to my  
first exchange  
student 