



Tuesday the 17th we went to a church in Quimper, there was a guide that told us a lot of interesting things. She explained about the architecture of the church and it's history. For instance that the church is now a thousand years old, except for the semi-circle on the east and the entrance, which was built later.

These were build in a gothic style, instead of the romanesque style, like the rest of the church.



Inside the church we learned about the story's of the church, for instance about the Sainte Catherine. She was a strong speaker of the church and converted a lot of soldiers that kept her prisoned for trying to convince the king into christianity. The artwork was also very interesting, like the peaceful jesus on the cross, statues and tombstones. In the courtyard we were told about the life of the nuns and the living in the monastery.



We learned how to play Boccia. It is pétanque but for people who can't stand or use their legs. In traditional pétanque you roll the balls yourself, in Boccia you drop the balls down a slide. We also played wheelchair basketball, it is like original basketball but with players in wheelchairs and adjusted rules. It was a lot of fun!

There was a quiz about different disability sports and a presentation about what epilepsy is. In the quiz we were asked about different sports and objects used, for disabled people that help them play the sport. In the presentation, we learned about what happens during an epileptic attack, what to do and what a service dog does.

We had 6 different activities, one of them was a discussion with a disabled man, with prosthetic. He told us about the accident that made him lose his leg, and the consequences, that had for his life. he told us about the good and the bad sides of losing a leg, how it affected him mentally and his great love for inventing new sports.

We learned how it is for a blind person to dodge obstacles in the daily life. For instance, we were blindfolded, and had a buddy guiding us by giving directions through a parcours. After we would have to feel small circles with textures and match them with the bigger circles with textures.



On thursday the 19th we went to the kitchen of the lycée. There was one group that got to do a workshop with various kinds of traditional French delicacies, and the other group went to have a taste of the French cheese and mocktails.



We first went into the PE hall where we played all sorts of old classic bretagnc games. There were games similar to bowling and pétanque, but with different supplies. It was really fun to play these new games with new people!!

We were in the group with the various kinds of French cuisine, and got to do the workshop and the taste testing. We learned all about the traditional French food and got to make and taste some ourselves. It was really fun!

